



FA CHARTER STANDARD CLUB

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Foundation Football Policy

Foundation Phase: Under 6s – Under 11s

Age Group: Under 6s

AIM	Training only development squad. A year of fun games and ball mastery skill sessions to prepare the children for the transition to matches. This FUNdamentals phase not only develops football specific skills but also the ABCs of athleticism, incorporating activities to enhance Agility, Balance, Co-ordination & Speed.
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Age groups: under 7s – under 11s

AIM	Mini soccer aims to encourage children to take part in football so they feel successful, learn to play, understand the rules, develop skills and take an active part in a game of football. There is NO competition in this phase and we don't emphasise winning or losing.
POSITIONS	Rotation varied over a number of weeks for skill development.
GOALKEEPERS	Minimum rotation every half game.

PLAYING TIME	Equal minutes for all players on match day.
SUBS	Different starting subs every week.
STREAMING	The Club will group players into appropriate squads at the start of each season.
FA 4 CORNER MODEL DEVELOPMENT	Awareness and action for the individual needs of players